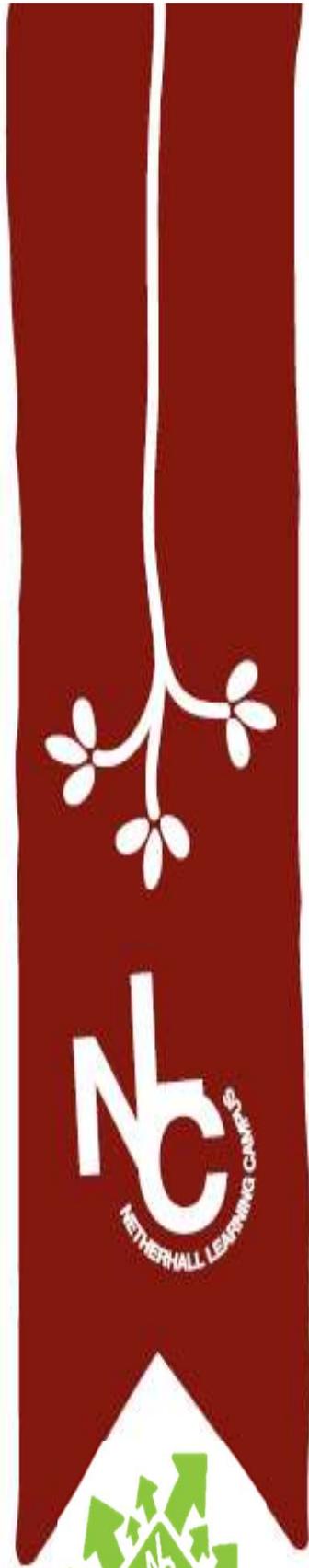


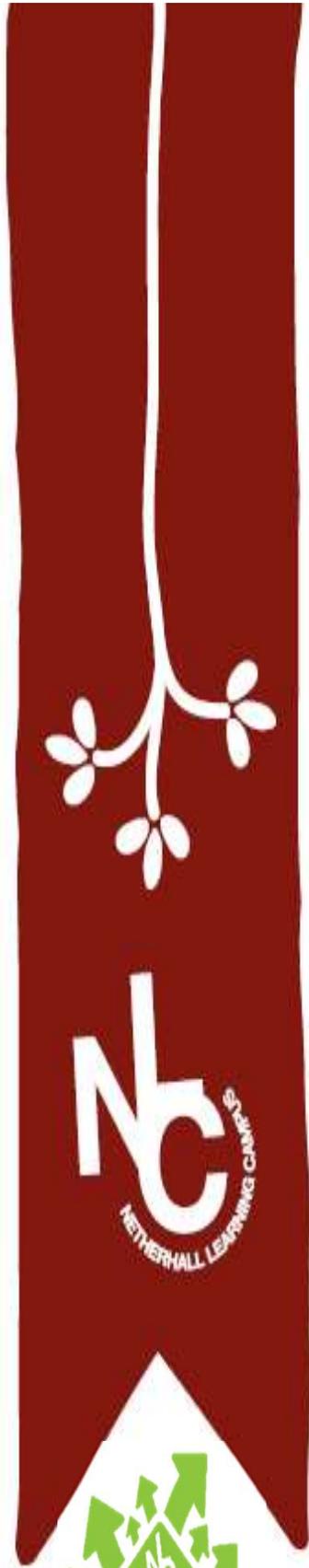
Unit 1	Managing Change	Transition unit- Intro to PD Hour
		Getting to know people
		What is a community?
		Careers and your future
		Sleep and relaxation
		Financial Education
		Transition points in your life
Unit 2	Puberty and Body Development	Intro to puberty
		Puberty (Girls Focus)
		Puberty (Boys focus)
		Personal Hygiene Including oral hygiene
		Menstruation, FGM and Puberty
		Assertiveness, Consent and Hormones
		Self-esteem and Empowerment
Unit 3	Staying Safe Online and Offline	Avoiding gangs
		Online Safety
		Fortnite, Grooming & Online Gaming
		What is Alcohol?
		What is Smoking?
		E-Cigs and Vaping
		Energy Drinks
Carrying a knife		
Unit 4	Celebrating Differences	Multicultural Britain
		What is your Identity
		Nature Vs Nurture
		Equality Act 2010
		Breaking Down Stereotypes
		Prejudice and Discrimination
		Challenging Islamophobia
Unit 5	Politics, Parliament and Me	Why is Politics Important
		How is our Country Run
		Create a Political Party
		Elections and Campaigning
		Politics and Debating
		Exploring inside Parliament
		Who is the new Prime Minister
		Consent and Boundaries
		Respect and Relationships



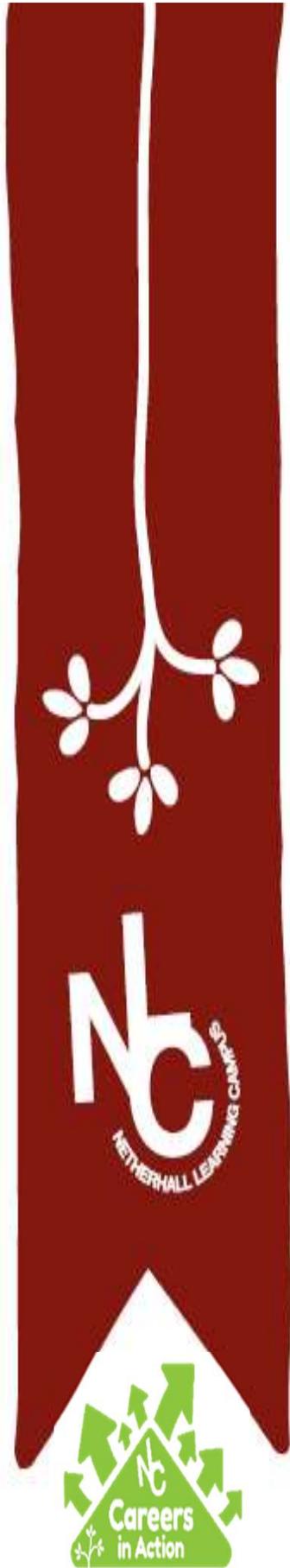
Unit 1	LGBTQ+ Explored	LGBT what is it?
		LGBT Homophobia in Schools
		Supporting those that are LGBT
		Challenging homophobia
		Transphobia
		Coming Out
		Enterprise skills
Unit 2	Proud to be Me	Career Choices
		A supportive Friend
		Being assertive, passive and aggressive
		LMI
		Exploring Careers
		Qualities and Skills
		Unit 3
Preparing for an interview		
Initiative		
Entrepreneurship		
Entrepreneurial Qualities		
Interpersonal Skills		
Extra-Curricular skills for PD		
Unit 4	Dangerous society Online & Offline	County Lines – What is It?
		County Lines, Whose at Risk?
		Substance Misuse
		Online Safety – Cyber Bullying
		Grooming Boys and Girls
		Drugs Education – Alcohol Safety
		Child Exploitation and Online Protection
		End of unit reflection and confidence check
		Unit 5
Building a Community		
Making Decisions and making Priorities		
Criminals, Law and Society		
Law making in the UK		
Prisons, Reform and Punishment		
End of unit Reflection and Confidence Check		



Unit 1	Essential Life Skills	Learning to Fail
		First Aid Lesson
		Importance of Happiness
		Conflict management
		Saving and borrowing
		Budgeting Financial Management
		Social Media and online stress
Unit 2	Combatting Extremism	Conspiracies and Extremist narratives
		Extremism in all its forms
		What is Terrorism?
		Proud to be British
		The radicalisation process
		Counter Terrorism
Unit 3	Legal and illegal Drugs	Anti Semitism
		Introduction to Drugs
		Different types of Addictions
		Cannabis Products
		Drug Classifications
		"Party Drugs" The dangerous side
		Exploring illegal drugs and effects
		Volatile Substance abuse
Unit 4	Body Confident	Self-esteem changes
		Getting to Grips with Anatomy
		Getting to Grips with Anatomy
		HBT – Bullying in all its forms
		Dealing with Grief and Loss
		Media and Airbrushing
		Cancer Prevention & Healthy Lifestyles
Unit 5	Sex, the Law, Contraception & Consent	Sexual Consent and The Law
		FGM and The Law
		Delaying Sexual Activity
		Why have Sex?
		Relationships and Partners
		Pleasure
		What are STIs?
		Contraception available
		The Realities of Contraception



Unit 1	Mental Health and Wellbeing	Child Abuse (CSE)
		Screen Time and Safe mobile Phone Use
		Common Types of Mental Health
		Self-Harm
		Suicidal Thoughts and Support
		Promoting Emotional Wellbeing
Unit 2	Exploring World Issues	International Organisations
		Aid and Supporting Other Countries
		Fair Trade
		Peace, War and Conflict
		Women's Rights and Equality
		#Metoo Movement and Time's Up
Unit 3	Exploring Relationships & Sex education	Campaigning against FGM
		Sexting Nudes
		Porn Life Vs Real Life
		Porn Materials and Attitudes
		Domestic Abuse and Violence
		Sexual Violence
		Sexualisation of the media
Unit 4	Rights & Responsibilities	Instagram generation
		Targeted Advertising
		Marriage- what is it?
		Rights and Responsibilities.
		Consumer Rights
		Employment Rights
		Exploring a pay check
Unit 5	Exploring British Values	Critical Thinking and fake News
		What is a cult?
		Exploring Britishness
		LGBT Rights and British Values
		What are Human Rights?
Unit 6	Violence, Crimes and Seeking Safety	Exploring Human Rights
		Honour based Violence
		Forced marriages
		Online Gambling
		Social media Validation



Unit 1	Your Future and Beyond	Time Management
		LGBT Rights across the World
		Dealing with exam stress
		Insta life v Real life
		Writing a personal statement (Unifrog)
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Unit 2	Adult Health & Looking After Yourself	Organ Donation and Stem Cell Research
		Teenage Pregnancy Choices
		Abortion (Morals, Laws and Thoughts)
		Preventing Testicular Cancer
		Preventing Cervical and Breast Cancer
		Parenthood
		Love and Abuse are not the same.
Unit 3	Sexual Health	Peer on Peer Bullying
		Fertility and what impacts it
		Alcohol and Sex
		Revisiting Sexual Health
		Revisiting Contraception
		Period power-Feminine Products
Unit 4	Staying Safe	Virtual Reality & Live Streaming
		New Psychoactive Drugs
		Festivals and Drugs
		War on Drugs
		Cosmetic & Aesthetic Procedures
		Drugs substance addiction
		Online reputation & Digital Footprints
		Independent Study
		Independent Study

